## How to Use the Bedsore Rescue Cushion

**1. Turn** as far as possible to the side position.



**2. Angle** the cushion so the "tips" point towards bed.



**3. Press Top** upper tip to fit under the scapula (shoulder blade).



**4. Press Bottom** after placing cushion as desired, press the lower tip under buttocks.



**5. Adjust** to avoid sacrum/coccyx or wound area. See "Hand Check" suggestion below to achieve good support without touching wounds.



**6. Roll Back** on cushion. Best to hold cushion in place during roll.



**7. Hand Check -** Optional: Slide a hand under the cushion to assure proper placement away from pressure points/wounds.



## **Comfort Tips**

Everybody is different. To find a position that can achieve maximum comfort & pressure relief, you may alternate the cushion to fit. Place above or below the wound, or set closer to the body, or further away, angle the upper tip closer than lower tip or visa-versa.

## **Nursing Advice**

We at Jewell Nursing
Solutions understand it's not
always easy to turn and
support a person off the
bedsore properly. If you are
having difficulty with turning
and repositioning, see our
"Learn to Turn" section for
more information. Or feel
free to contact us directly if
you need specific nursing
advice or want to learn about
a few tricks of the trade!

www.BedsoreRescue.com (650) 294-8557